

## News

The "Seven Sorrows of Mary" CD is composed of Meditations on the Seven Sorrows and passion of her Son, Jesus the Christ. Included on the CD are four songs in honor of our Mother Mary.

The Ultimate Traditional Catholic Prayer Collection (Artist Various) helps to promote and support the Hermit Sister and the eremitical vocation.

As far back as we can remember, even before the time of Christ, prayers and petitions to God were handed down from one generation to another by word of mouth in writings now in this 6 CD collection.

CD1: "The Rosary" (Dana & Fr. K. Scallon)

CD2: "Luminous Rosary" (Dana & Fr. K. Scallon)

CD3: "Station of the Cross" (Dana & Fr. K. Scallon)

CD4: "Chaplet of Divine Mercy" (Susanna)

CD5: "Seven Sorrows of Mary" (Hermit Sister)

CD6: "Litany of the Saints" Traditional Catholic Prayers  
(Susanna & Fr. Miguel Gonzalez)

Heart Beat Records: 1(800)433-3262 or visit the website  
[www.heartbeatrecords.com](http://www.heartbeatrecords.com)

## Wish LIST

Chalice

Microsoft Publisher software for Windows XP

Gift Certificates for:

- JoAnn Fabrics
- Giant Food Store
- CVS Pharmacy

HP 901XL and 901 tri-color ink cartridges

Laptop computer for teaching and presentations

Flat screen monitor for Dell desktop computer

Monetary donations for art supplies

## How can YOU help?

Prayers

Volunteer for projects

Join the board

Help with snow removal at hermitage

Assist with chores or grocery shopping

Donations - One time or monthly

Flower of Carmel Hermitage, Inc.

is a 501(c)(3) non-profit, tax exempt, charitable corporation.

The official registration and financial information of the Flower of Carmel Hermitage can be obtained from the Pennsylvania Department of State by calling toll-free 1(800) 732-0999

\*Registration does not imply endorsement\*

For prayer **REQUESTS** or to **CONTACT**  
the Hermit

[www.FlowerofCarmelHermitage.CatholicWeb.com](http://www.FlowerofCarmelHermitage.CatholicWeb.com)

FLOWER OF CARMEL HERMITAGE

P.O. Box 6412

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## Flower of Carmel Hermitage



Our Lady of Tenderness Icon by  
the hand of Hermit Sister

Hosea: 2:16



"I will lead her into  
the desert and  
speak to her heart."



BRIANNA COONEY - GRAPHIC DESIGNER

[WWW.BRIANNACOONEY.NET](http://WWW.BRIANNACOONEY.NET)

## *Mission* **STATEMENT**

I have been called by God and His Church to a life of assiduous prayer and penance, seeking to have Union with God, making reparation for my sins and those of the whole world.

I seek also to give witness to the Gospels, by living out faithfully the teaching of Christ and His Church in simplicity and poverty of heart. I strive daily to practice the Beatitudes through the grace of God, in a spirit of love, joy and thanks giving.

In humility and with sincerity of heart, I will make intercession before our Lord in the Most Blessed Sacrament for Holy Mother Church, Priests, the Unborn, and all those that ask for my prayer and the whole world.

I will pray for God's mercy upon all of us redeemed by His death and resurrection. Charity is also expressed by me through hospitality.

I pray that all I do be for the Glory of God and to build His Kingdom here on earth. I seek also to imitate our Mother Mary in her contemplative life of prayer and total submission to God's Holy Will with my "YES".



*"Then you pray, go to your secret room and your Father who sees all things in secret will repay you."*

*Matthew 6:6*

## *Hermit* **VOCATION**

"Hermits manifest to everyone in the interior aspect of the mystery of the Church. Hidden from the eyes of men, the life of the hermit is a silent preaching of the Lord whom they have surrendered their lives simply because He is everything to them. Here is a particular call to find in the desert, in the thick of spiritual battle, the Glory of the Crucified one."

-Catechism of the Catholic Church #921

The hermit is dedicated to God in a consecrated life detached from the world in prayer without ceasing, making sacrifice, penance and reparation for their sins and those of the whole world. The hermit makes a profession of three Evangelical Counsels of Poverty, Chastity; Obedience into the hands of the local bishop with an approved "Plan of Life" which she is to follow and live. The title "Sister" and distinctive garb is part of that plan of life granted by the bishop in witness to those counsels publicly professed. Hermits received canonical status in 1982 by Holy Mother Church under canon law #603.

## *Future* **GOALS**

To educate and promote the eremitical vocation of the hermit.

Hermits are not monetarily supported by the church. As such, the work of her hands, sewing, iconography and decoupage assist in providing for the needs of the hermits along with donations made to the non-profit corporation.

## *Daily* **Horarium of the HERMIT**

As a consecrated Hermit, my day is balanced with prayer, work and recreation, all done within the silence and solitude of my hermitage. My Life is nourished by daily Mass and Eucharistic Adoration. I pray the prayers of the Church (Liturgy of the Hours) while meditating and contemplating on Scripture. Other works are composed of spiritual reading and study. When possible, First Fridays and Saturdays are composed of vigils before our Lord in the Most Blessed Sacrament within my hermitage chapel. Fridays are set aside as days of spiritual pursuits, meditative walks, spiritual reading, Holy Rosary, Scripture reading, praying, studying, etc. Sundays and Solemnities, because they are associated with the Glorious Resurrection of our Lord, are days of Holy leisure and recreational activities.

I enjoy reading, writing poetry and writing icons. I watch DVDs on lives of the saints, history of the Church, and continued education on church issues. I go on a monthly day of recollection and on yearly retreat. In all that I do, I try to maintain a prayerful interior silence and always being aware of the Trinity within.

The fruit of prayer, through the grace of God, resulted in the production of a CD, "Seven Sorrows of Mary", born on the feast of the Immaculate Conception, December 8, 2005.



*"Let no doubt remain outstanding, except the continuing debt to love one another."*

*Romans 13:8*