

# Holy Trinity Athletics



## Holy Trinity Coaching Agreement

Representing Holy Trinity School and Parish as a coach of an athletic team is a privilege and a responsibility. I understand that my responsibilities as a coach are of great importance and that my actions have the potential to significantly influence the young athletes whom I coach. Therefore, all coaches will be held to the highest standards of demeanor consistent with Christian ethics, values, and attitudes and be subject to the consequences should such behavior not be maintained. I have read and fully understand my responsibility to act according to the following code of conduct.

Be familiar with, adhere to, and support the Holy Trinity Athletic Philosophy and all GRACEAC league policies and guidelines.

Ensure the safety of the athletes with whom they work: Athletes first - winning second. Set and communicate clear expectations and goals that are realistic and achievable for individuals and teams.

Coaches should be knowledgeable of the rules of the sport and techniques for teaching the fundamentals of the sport. They should use tactics and strategies that are appropriate for the age and skill levels of their athletes.

Coaches should teach the rules of the sport and develop each player's skills within the framework of team concept. They must help each player develop self-confidence, discipline, sportsmanship and make participation a learning experience for all.

Use Positive reinforcement as the foundation of their coaching technique.

Direct comments or criticism at the performance rather than the athlete.

Respect the athlete's dignity; Verbal or physical behaviors that constitute harassment or abuse are unacceptable.

Treat each team member with respect and patience. Self-esteem, mental well-being, and physical safety must be paramount in your treatment of every player. No single victory or season championship is worthy of humiliating the character of even one youth.

Avoid any physical contact that is not essential to the teaching or demonstration of a skill should be avoided. If you feel the need to show encouragement or get a player's attention touch them gently on the shoulder This is the least intrusive region

Consistently display high personal standards and project a favorable image of your sport and of coaching. For example, a coach should:

- a) Refrain from public criticism of fellow coaches, teams or individuals
- b) Refrain from the use of profane, insulting, harassing or otherwise offensive language either to themselves or directed toward an official, opposing coach, player, or fans in the conduct of his/her duties.
- c) Communicate at all times in a manner consistent with Christian values. If your tone of voice, language, or terminology would be unacceptable in a Holy Trinity classroom; it is not acceptable as a coach.

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Treat opponents and officials with due respect, both in victory and defeat and encourage athletes to act accordingly. Actively encourage athletes to uphold the rules of their sport. Respect the officials' authority at all times. Coaches will not verbally abuse or harass the game officials or enter the field of play without permission.

Coaches should carry with them at all times pertinent information on every athlete in their care in case of emergency.

Coaches are responsible to make sure that there is an adult (minimum age 18) assigned to supervise in their absence. They are responsible for student conduct and behavior at practices and at games.

Maintain control of his/her emotions and avoid actions, language, and/or gestures that may be interpreted as hostile and humiliating.

Realize, accept, and practice the principal that the reputation of Holy Trinity, and your team is built not only on its playing ability, but also on its sportsmanship, courtesy, and manner.

Attend required meetings, keep abreast of GRACEAC and Holy Trinity policies regarding the sport, and be familiar with Holy Trinity eligibility and contest regulations.

Cooperate with the Athletic Department and school administration in establishing, implementing and supporting school procedures and policies

With my signature, which I voluntarily affix to this agreement, I acknowledge I have read this document and will follow the rules and expectations outlined. I understand that violating or failing to adhere to GRACEAC or any superseding Holy Trinity Policy can result in sanctions written within the GRACEAC Sanctions Policy.

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Coach's Signature

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Athletic Director Signature

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Date