

Parish Wellness Program

Purpose/Mission: Follows the Parish Mission, namely “Called by the Spirit, the Parish Wellness Program is a loving, caring, sharing, Christian ministry of the followers of Jesus Christ, practicing discipleship and ministry according to the Good News.”

Services Provide:

- * Health and wellness postings for educational opportunities.
- * Conducts blood pressure clinics September thru May following the 9:00 AM Mass and coffee hour.
- * Sponsors community projects including the “Senior Santa Program”, “Quilters Night”, and the “Community Baby Shower”.
- * Assists the pastoral staff in visiting the sick.

Main Contact:

Dawn Brannick (leave message at parish office, 764-2088).

Other Information:

We encourage parishioners who are health care professionals to assist in this program. All parishioners wanting to participate in activities or to share or request special programs are invited to contact us.