

I AM BLESSED!



## Ideas

*for expressing  
Gratitude*

- Find one thing to be grateful for each day.
- Give a gift without expecting a return.
- Start a Journal of Gratitude.
- Thank someone with a note. List things about them you like.

I AM GRATEFUL!

## “GRATITUDE

bridges the gulf between our spiritual and material concerns.

The dissatisfaction bred into us by advertising and consumerism is soul-destroying and dispiriting.

GRATITUDE arises in that space where our deepest longings find the glass to be half-full rather than half-empty.”

— Mary Jo Leddy, *Radical Gratitude*

STEWARDSHIP  
A WAY OF LIFE



*Gratitude*  
A DISCIPLE'S RESPONSE

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**“The earth is the Lord’s and  
all that is in it, the world,  
and those who live in it.”**

*(Psalm 24:1)*

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God knows how to give so that I am more than satisfied. I am gifted beyond my wildest dreams. If I really examine my life and all the “things” I think I want, I would soon see that there is enough and much left over.

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**GRATITUDE is more than  
an attitude.  
GRATITUDE is a Way of Life!**

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Part of being a good steward is developing an attitude of Gratitude. Saying thank you is not for God’s benefit, but for my own. Some benefits of Gratitude are:

- Peace of mind
- Deepening of Spirituality
- Fulfillment & Satisfaction
- Awareness of all creation
- Appreciation & Growth
- Joyful generosity

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**Everything I have is an expression of divine love for me. Yet day to day,  
caught up in the busyness of living, I can fail to recognize the abundance  
of God.**

*(Use the space below to write some thoughts to the following questions)*

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1. What do I experience as gifts from God?

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2. What am I grateful for?

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3. How will I share my gifts?

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**What kind of thank-you note am I sending to God today?**

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