



# St. Mary's School

September 2009

Dear Parents:

Welcome to another exciting year of Physical Education! It is my pleasure to teach your child Physical Education this year. I thought it would be beneficial to let you know some information about my policies and rules in this class.

This is my ninth year at St. Mary's School and my ninth year in the Gibraltar School District. Before my arrival in Gibraltar, I obtained my Bachelor of Science Degree in Physical Education and Athletic Training from the University of Michigan.

- All children will have Physical Education on Tuesday.
- Your student's grade will be based on participation, wearing tennis shoes, meeting the proficiency level for skills practiced at his or her grade level, and appropriate behavior. If you have any questions regarding my grading policy, please feel free to speak with me.
- **All students are expected to wear tennis shoes to every gym class.** When a student does not wear tennis shoes, he or she receives a zero for the day and will not be allowed to participate in class. Tennis shoes are soft-soled shoes that cover the toes, heel, and top of the foot. *Heelys, boots, sandals, and dress shoes are not acceptable.* Also, "skater shoes" and flat soled shoes reduce your child's ability to stop and go quickly, which doesn't allow them to perform to their best potential. This policy is based on my desire to create a safe environment and only tennis shoes provide the appropriate protection and support for the activities the students are expected to perform.
- Occasionally, children try to avoid participation by telling me that they are ill or hurt. Therefore, it is my policy that **unless a student has a note from a parent or doctor, he or she must participate in physical education class.** If the injury is severe, such as a broken bone, we will need a note from a doctor regarding when your child can return and any restrictions he or she may have upon returning. Also, please alert me to any restrictions or serious medical conditions your child may have by filling out the second page of this note and returning it by September 30<sup>th</sup> so that I am prepared to deal with a situation should it arise.

I believe physical education is important in all of our lives, and it is my job to teach your children the skills necessary for them to enjoy physical fitness and exercise throughout their lives. I will encourage all of the students to be physically active in a safe, controlled way. It is also important to me to treat your student with respect, patience, and kindness, and I will expect to be treated with those same qualities in return. I look forward to being a significant person in your child's life, so please feel free to contact me with any questions or concerns. Currently, I am at St. Mary's on Tuesdays. My email address is [kozickc@gibdnet.net](mailto:kozickc@gibdnet.net).

Sincerely,

Mrs. Kozicki  
Physical Education Teacher



# Physical Education

Teacher and Grade: \_\_\_\_\_

Please be aware of this information regarding my child: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

My child \_\_\_\_\_ has my permission to participate in physical education class and has not been advised by a doctor to avoid physical activity because of a serious illness.

\_\_\_\_\_

Signature

\_\_\_\_\_

date