

## BASIC KNOWLEDGE CHECKLIST

Sign of the Cross	Kindergarten
Glory Be -	Kindergarten
Blessing before Meals	Kindergarten
The Lord's Prayer	1 <sup>st</sup> grade
Hail Mary	1 <sup>st</sup> grade
Act of Contrition	2 <sup>nd</sup> grade
The Church is One, Holy, Catholic & Apostolic	3 <sup>rd</sup> grade
Nicene Creed	4 <sup>th</sup> grade
10 Commandments	4 <sup>th</sup> grade
Beatitudes	4 <sup>th</sup> grade
Seven Sacraments	5 <sup>th</sup> grade
Sacraments of Initiation	5 <sup>th</sup> grade
Sacraments of Healing	5 <sup>th</sup> grade
Sacraments of Vocation	5 <sup>th</sup> grade
The two parts of the Bible	6 <sup>th</sup> grade
Scripture References	6 <sup>th</sup> grade
Sixth Grade Project	6 <sup>th</sup> grade
Grace	7 <sup>th</sup> grade
Holy Days of Obligation	7 <sup>th</sup> grade
Corporal and Spiritual Works of Mercy	7 <sup>th</sup> grade
Gifts of the Holy Spirit	8 <sup>th</sup> grade
Fruits of the Holy Spirit	8 <sup>th</sup> grade
Prayer to the Holy Spirit	8 <sup>th</sup> grade

- This is a progressive list. Kindergarten students are only asked to work on the 3 items listed under Kindergarten. First grade students are then asked to know the Kindergarten and 1<sup>st</sup> grade prayers. This will continue through the 8<sup>th</sup> grade when students will be expected to complete the entire Basic Knowledge Checklist.
- These prayers will be used in class and the concepts covered but as the primary religious educators of your children we are asking parents to also work on these items at home.

## **Basic Knowledge Checklist**

### **SIGN OF THE CROSS**

(With right hand touch forehead) in the name of the Father, (touch center of chest) and of the son, (touch left and then right shoulders) and of the Holy Spirit, Amen.

### **GLORY BE TO THE FATHER**

Glory be to the Father and to the Son and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen

### **BLESSING BEFORE MEALS**

Bless us O, Lord, and these your gifts, which we are about to receive from your goodness, through Christ our Lord, Amen.

(traditionally thy was substituted for your and bounty for goodness. Many prayers can be said before a meal. This is the prayer most commonly used.)

### **THE LORD'S PRAYER**

Our Father who art in heaven, hallowed be thy name: thy kingdom come, they will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation but deliver us from evil, Amen.

### **HAIL MARY**

Hail Mary full of grace, the Lord is with you, Blessed are you among woman, and blessed is the fruit of thy womb, Jesus, Holy Mary, Mother of God, pray for us sinners, now, and at the hour of our death. Amen

### **ACT OF CONTRITION**

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin.

Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy.

(Many variations of this prayer are appropriate. This is from the revised Rite of Penance and is used in our books. Each child needs to know some variation of a Prayer of Sorrow)

### **THE CHURCH IS: (marks of the church):**

- **One** – We are one, or united. The Holy Spirit draws Jesus' followers together as brothers and sisters in one Christian family.
- **Holy** – to be holy means to be close to God and to God's work in the world. It means loving god and caring about all people.
- **Catholic** – means universal. Jesus wants his people, the Church, to welcome and to include people of all kinds, just as he does.

- **Apostolic** – it is founded on the teachings of Jesus and his Apostles. We are called to be apostolic by sharing what we have learned from the Apostles and from other Catholics.

## **NICENE CREED**

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, one in being with the Father. Through him all things were made. For us and for our salvation he came down from heaven; by the power of the Holy Spirit he was born of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate; suffered, died and was buried. On the third day he rose again in fulfillment of the Scriptures, he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of Life, who proceeds from the Father and the Son. With the Father and the Son he was worshiped and glorified. He has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

## **10 COMMANDMENTS**

1. I, the Lord, and your God. You shall not have other gods besides me.
2. You shall not take the name of the Lord, Your God, in vain.
3. Remember to keep holy the Sabbath day.
4. Honor your father and mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet anything that belongs to your neighbor.

**BEATITUDES** – (We do not ask that the students memorize all of the Beatitudes but rather that they are familiar with them, who gave them to us, etc. Below is a brief explanation but does not have to be memorized)

The Beatitudes were given to us by Jesus. They teach us to love God and others, and promise us a place in the kingdom of heaven. Christians believe that they will be happy forever if they live the Beatitudes. They are Jesus' teachings on how to find everlasting happiness.

Happy are the poor in spirit. The reign of God is theirs.  
Happy are the sorrowing. They will be comforted.  
Happy are the gentle. They will receive all that God has promised.  
Happy are those who hunger & thirst for justice. They will be satisfied.  
Happy are those who show mercy to others. They will receive mercy.  
Happy are the single-hearted. They will see God.  
Happy are the peacemakers. They will be called children of God.  
Happy are those who are treated unfairly for doing what is right. The reign of God is theirs.

### **SEVEN SACRAMENTS**

Baptism, Eucharist, Confirmation, Reconciliation, Anointing of the Sick, Matrimony and Holy Orders.

### **SACRAMENTS OF INITIATION**

Baptism, Eucharist and Confirmation.

### **SACRAMENTS OF HEALING**

Reconciliation and Anointing of the Sick

### **SACRAMENTS OF THE VOCATION**

Matrimony and Holy Orders

### **THE TWO PARTS OF THE BIBLE**

Hebrew Scripture – 46 books- Tells the story of God's relationship with the Jewish people up to the time of Jesus.

New Testament – 27 books -Tells the teaching and actions of Jesus and his followers.

### **SCRIPTURE REFERENCES**

Choose several scriptures from the Hebrew Scriptures as well as the New Testament. Ask the student to locate them.

### **SIXTH GRADE SCRIPTURE PROJECT**

Each candidate is asked to complete a project of their choosing before Confirmation.

Hopefully they can be completed in the 6th grade. Scripture Project Key Question: What are you looking for?

### **Project Requirements:**

1. It must come from you.
2. It must deal with “Good News”, Scripture & Salvation History
3. It must be able to be displayed, that others can learn from your effort.

### **GRACE**

God’s free gift to us is a share of the divine life. Grace is a sharing in the life and love and of God. Having this gift of grace means that God’s own life and love are in us.

### **HOLY DAYS OF OBLIGATION:**

1. Christmas (Dec 25)
2. Ascension (40 days after Easter)
3. Mary, Mother of God (Jan 1)
4. Immaculate Conception (Dec 8)
5. Assumption (Aug 15)
6. All Saints (Nov 1)

### **CORPORAL WORKS OF MERCY:**

1. Feed the hungry
2. Give drink to the thirsty
3. Clothe the naked
4. Shelter the homeless
5. Care for the sick
6. Help those imprisoned
7. Bury the dead

### **SPIRITUAL WORKS OF MERCY:**

1. Share our knowledge with others
2. Give advice to those who need it
3. Comfort those who suffer
4. Be patient with others
5. Forgive those who hurt us
6. Give correction to those who need it
7. Pray for the living and the dead

### **GIFTS OF THE HOLY SPIRIT**

Wisdom, Understanding, Right Judgment, Courage, Knowledge, Reverence Wonder and Awe.

### **FRUITS OF THE HOLY SPIRIT**

Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Gentleness, Self control.

### **PRAYER TO THE HOLY SPIRIT**

Come, Holy Spirit, fill the hearts of your faithful and enkindle in us the fire of your love. Send forth your spirit and we shall be created, and you will renew the face of the earth. Amen.