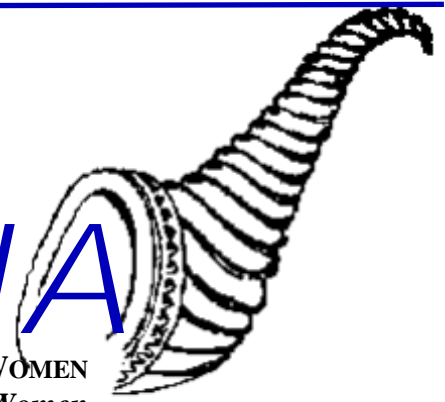

CORNUCOPIA

A CORNUCOPIA OF IDEAS AND INFORMATION FOR TODAY'S CATHOLIC WOMEN
A Publication of the Orlando Diocesan Council of Catholic Women



Fall 2008

Website: <http://home.catholicweb.com/odccw>



Susie Harting ODCCW President

PRESIDENT'S CORNER

T'is the season, to love. It is the holiday season already. Keep this holiday season close to your heart as we remember the reason for the season is to celebrate the birth of our Lord, Jesus Christ. Love our immediate family, our church family, our community family and the many families in need.

November 20th is the NCCW day to "**FAST TO RELIEVE WORLD HUNGER.**" Visit the NCCW website (NCCW.org) to learn how you can help on this day of fasting.

St. Rose of Lima, Central Deanery, is now affiliated with NCCW. Audrey Lauer is the new president and we are very happy to have them as a new affiliation - **WELCOME.** St. Augustine, Central Deanery is electing new officers and will be affiliated by the New Year. St. Matthews, Western Deanery, is back!!! Welcome back ladies of St. Matthews. The membership committee is visiting several other interested affiliations. We welcome all parishes to become a member of ODCCW and to become an individual member of NCCW.

February 28, 2009, the ODCCW will be assisting the NCCW with a day of reflection. This gathering will be held at All Souls Catholic Church, Sanford. This will be a full day of spiritual motivation. Bishop Wenski will help open the day by con-celebrating Mass. One of the speakers is Mary Jo Pederson, Omaha Nebraska. Kim Kalman, Kitty Hawk NC will be entertaining us with spirit filled songs. Reconciliation will be available along with adoration of the Blessed Sacrament. The attendees will participate in praying the rosary. The rosary will be prayed in many different languages. Cost is \$30.00 and a box lunch will be provided for \$8.00. The day will begin at 8 am. Make plans to join us to experience a day of spirituality.

Our ODCCW 41st Annual Convention planning is underway! The convention will be held at the Lake Mary Marriott on **April 25-27, 2009.** Please mark your calendar and plan to attend. Our theme is "Council of Catholic Women...Patchwork to God's Blessings." Many surprises are planned. Saturday evening will be a night of entertainment. **Family members** are invited to attend ➤

this fund raising event for the seminarians of the Orlando Diocese. More information will be published in January, 2009 newsletter.

As we prepare for this Christmas Season, **pray** for the military as they are away from their families. Please **pray** that they will return home soon. **Pray** for the elderly, lonely, and depressed. Call a council sister and/or neighbor on Christmas Day to let them know you are thinking of them. Take care of the homeless. Feed the poor. Locate a shelter in your area this season and donate an hour of your time. **God bless you and may you have a very happy holiday season.**

MODERATORS CORNER

Father Miguel Gonzalez was born in San Juan, Puerto Rico. Fr. Gonzalez as a seminarian attended St. John Vianney College Seminary located in Miami, and St. Vincent de Paul Regional Seminary in Boynton Beach. He was ordained to the priesthood on May 23, 1998. His first ministerial assignment was at the Cathedral Church of St. James, Orlando serving as parochial vicar. In the fall of 2000, Fr. Gonzalez was transferred to St. John Vianney parish, Orlando where he continued his priestly ministry as a parochial vicar. On December 15, 2004 Bishop Thomas Wenski named Fr. Miguel full time Director of Vocations for the Diocese of Orlando.



Among his many responsibilities within the Diocese, Fr. Gonzalez serves as Spanish Spiritual Director of the Cursillo Movement, Moderator of the Orlando Diocesan Council of Catholic Women, Member of the Bishop Moore High School Board of Education, Hope Community Center Board Member, Honorary Chaplain of the Orange County Sheriffs Office, Mayor's Safe Orlando Task Force committee member, and also directs and presides a diocesan Spanish televised Mass. The TV Mass is aired every Sunday at 11:00 am on WTMO, an affiliate of the Telemundo Spanish Television Network. Prior to becoming a priest for the Diocese of Orlando, Fr. Gonzalez worked as an on-air personality and music program director for a commercial Spanish music radio station in Orlando, FL.

ODCCW Executive Board

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Dear God,
The lady reading this is beautiful, classy & strong. Help her live her life to the fullest. Please promote her and cause her to excel above expectations. Help her to shine in darkest places and love where it is impossible to love. Protect her at all times, lift her up when she needs you the most and let her know that when she walks with you; she will always be safe. Amen.

We say Good-bye to Shepherd's Promise



Where "a person is of more value than the world" -smc

The Sisters of the Good Shepherd closed their transitional housing program for women and children in Orlando. Unfortunately during the past year they have struggled with dwindling financial resources, a situation which they have been unable to reverse. Therefore, the Sisters made the decision to close Shepherd's Promise September 30, 2008.

While they are saddened by the decision to close their program, they are very grateful for your support of the women and children of Shepherd's Promise. They could not have carried out this much needed ministry without you. Through you, the merciful love of the Good Shepherd has touched the lives of many women and children.

Please keep all the homeless women and their children in your prayers that they are able to find the love & deep commitment Shepherd's Promise offered them.

Entertainers Wanted for Convention

A Family Night DINNER and VARIETY SHOW is being planned for Saturday night at the ODCCW Convention in April, 2009 as a fund raiser.



Get a partner or a group and put together an act. We are looking for AMATEURS – that's you – LOCAL GROUPS willing to donate their talents – SEMI-PRO or Professional PERFORMERS willing to donate their talents.
This is a family night, know any talented children?
If you know or have contact with any of these -
Contact Karen Hill 407 859-8040 to volunteer your talent or with any ideas you may have.
E-mail to: rondelaney@yahoo.com
(Please put CCW talent show in subject)



NCCW Sunday

Bishop Wenski proclaimed October 26, 2008 as NCCW Sunday.

Each affiliation celebrated in a variety of ways on a date that met best within their parish.

We appreciate Bishop Wenski's support of ODCCW.

ODCCW Esteemed Life Member

Start thinking about your choice for the ODCCW Esteem Life Member. A letter will be coming out the first part of January with details.

All nominations **must be submitted no later than March 15, 2009** to Winkie LeFils, Esteem Life Member Chair.



Thank You Mary Matheus, Sandy Battaglia & Nancy Jones for the Photo's you contributed.

Tracking Volunteer Hours (from NCCW website)

Start Tracking Volunteer Hours Today! If you haven't yet started keeping track of your volunteer hours for the period April 1, 2008 through March 31, 2009, why not start today? **These hours help NCCW communicate** to our bishops and to the other national Catholic organizations with which we work the vast contribution of Catholic women to our Church and our community. New forms are available on the website to make it easy for everyone from individuals at the parish level to parish and diocesan presidents to track and collect these hours. On www.nccw.org, go to Programs and Partners, then Leadership Resources.

NCCW Day of Reflection

NCCW is having a Day of Reflection here in the Orlando Diocese on February 28, 2009. The theme "Women of Faith, Women of Action." This is a great way to support NCCW as well as gain personal growth. (more information to follow). **SAVE the DATE NOW!**

Also, consider your annual giving, individual memberships, and of course prayer, all ways to support our precious NCCW.

Central Deanery by Margaret Hettler



Welcome to a new year of CCW! I hope you took some time this summer to refresh and recharge yourself. Maybe you were able to read a book or two, visit with grandchildren, attend a family reunion or enjoy some much deserved R&R.

I would like to thank all members for their patience, guidance, support and most of love. I am humbled to be serving as your president. I look forward to serving you and our Lord during the next two years. Please keep me in your prayers as I keep you in mine.

Much has been happening in Central Deanery. First I would like to thank Peg Middleton for a wonderful Leadership Symposium at Lake Yale. Seventy women from twelve affiliations represented Central Deanery.

Our Fall Board meeting was held on August 25th and was hosted by All Souls CCW. We used this time to explore how we, as CCW members, are part of God's Fabric. Our Fall General meeting will be held on Saturday, November 15th. The meeting will be hosted by St. Mary Magdalen. We will begin with Father Stephen celebrating Mass at 8:30 am. All our welcome; I look forward to seeing you there.

St. Francis of Assisi CCW hosted the ODCCW Personal Development Seminar "Seasons of Our Lives" on September 13th. Approximately 30 women from across the Diocese of Orlando enjoyed a day of spiritual reflection, personal awareness and sisterly companionship. If you have not attended a personal development seminar you are missing a wonderful opportunity. Why not consider hosting one at your parish?

Central Deanery is excited to announce we are growing! We welcome two new affiliations; St. Augustine CCW in Casselberry and St. Rosa Lima CCW in Poinciana. We are blessed by having you join council.

The ODCCW 41st Convention is being hosted by Central Deanery April 25th through April 27th at the Lake Mary Marriott. Your council sisters are busy planning an unforgettable convention.

Mark your calendars for a terrific shopping opportunity. All are welcome to a private Stein Mart Gala on Sunday, December 7th. The Stein Mart in Longwood will be closed to the general public to allow us, family and friends to shop until we drop!! Information packets are being sent to all affiliation presidents/deanery representatives. Start making those Christmas wish lists.

Congratulations to Annunciation CCW for going "Green". St. Rita's circle is selling Green Catholic re-usable shopping bags. What a great way to protect the environment and support their charities.

Wow we covered a lot in a few months. As Central Deanery continues with charitable work, fundraising, faith sharing and having fun I will keep you updated. May God bless and keep you, may his light shine upon you.

Eastern Deanery by Betty June Clark



The affiliations in the Eastern Deanery Council of Catholic Women are busy with many different projects. They are amazing with all they do for our church and community. They give willingly of their gifts and they make a big difference in God's plan.

Linda Trucano has moved to Melbourne to be near her daughter and family. We will miss her but wish her well in her new home and new parish community. Linda will continue to serve on the ODCCW Board as Treasurer.

Our Moderator, Father Francis Browne, C.S.S.R and Sacred Heart CCW are very proud of their school. Sacred Heart School has been designated by the United States Department of Education a National Blue Ribbon School of Excellence. This is an outstanding achievement and honor. Sacred Heart School is just one of fifty private schools in the entire nation that has been so designated and one of two private elementary schools in the entire State of Florida. Congratulations!

There are many Craft Shows coming up in our Deanery. **Prince of Peace** is having their 27th Annual Arts and Crafts Show on October 25th and 26th. **St. Ann's** is having a Festival of Arts and Crafts on Nov. 8th and 9th. Their ladies meet each Wednesday to make many beautiful items. **Our Lady of the Lakes** will host theirs on Nov. 22nd and 23rd. Besides the crafts they are planning a dinner. **Our Lady of Lourdes** Holiday Arts and Crafts Show and Bake Sale will be on Nov. 22nd and 23rd. Our **Lady Star of the Sea** will host their Bazaar on Nov. 15th.

Our Lady of Hope CCW celebrated their 20th Anniversary on October 29th with a High Tea. It was wonderful.

Two affiliations, Prince of Peace and Our Lady of the Lakes are filling boxes for our troops in Iraq and Afghanistan. Our soldiers need to know that we remember and pray for them.

All of our affiliations are planning wonderful functions for the next two years. I am very proud of them. God bless the members of the Eastern Deanery and all the good they do.

If you have a **change in address, phone number or e-mail** please let Peg Middleton know ASAP at mmiddleton3@cfl.rr.com. (be sure and put CCW data base in subject) or snail mail to 355 Streamview Way, Winter Springs, FL 32708.

Peg is responsible for maintaining the ODCCW Data Base, a never ending job. Keeping up to date information is vital.

Thanks Peg for maintaining the data base for ODCCW. Your efforts are very much appreciated!





Northern Deanery

Deanna Saxton, Northern Deanery President has been under the weather. We wish her a speedy recovery.



Southern Deanery by Virginia Smith

Southern Deanery Council of Catholic Women's elected officers for 2008-2010 are the following: President, Virginia Smith; Vice President, Mary Riding; Recording Secretary, Gail Smith, and Treasurer, Mary Ellen Ritter. The ladies of the Southern

Deanery affiliations are planning and organizing exciting activities and events for the coming year.

Ascension ladies are making Christmas tray favors for local nursing homes. On December 7th they will have their Advent Tea. Last year 145 women attended this event and Ascension is looking forward to an even better attendance this year. Also in December they have a religious articles, handmade articles and bake sale. The annual card party in January is their major fund raiser for charities of their choice. Ascension will celebrate its 50th anniversary in 2009.

Divine Mercy is continuing mystery seating as a way for both old and new members to get to know each other better and form new bonds. Attendance is increasing at the celebration luncheons held quarterly so that women unable to attend our evening meetings can keep in contact with both old and new members. A new International project involves collecting coins for water purification in our Sister Diocese in the Dominican Republic.

Holy Spirit's membership committee has recently developed a welcome packet to be distributed to all new members. Everyone is invited to attend their huge annual Bazaar. It will be Friday and Saturday, November 7th and 8th, at the Knights of Columbus Hall in Titusville from 9 am to 5 pm.

Our Lady of Lourdes redesigned their Council of Catholic Women's brochure and it will be available to all members. Their Christmas craft sale is December 6th and 7th. On December 10th they will have a Christmas pot luck and social for all members. December 13th and 14th they will have a Christmas bake sale and raffle drawing.

Our Lady of Lourdes (OLL) in Daytona Beach



Surfing with the Spirit ... was the name and theme of last June's Vacation Bible School at **Our Lady of Lourdes (OLL)** in Daytona Beach. With Jo Ann Elder in charge, this was a wonderful week – full of crafts, activities, music and dance. However, this year's Vacation Bible School was *different*. First, we were very pleased to welcome at – no cost – 40 minority children from the Rose Marie Byron Center, a Daytona Beach child care facility.

The second difference was a special project which all ➔



Western Deanery by Kathy Kirchon

The ladies of Western Deanery are just abuzz with activities.

St. John Neumann hosted an Oktoberfest October 25th; and, will host a tea for new members, a Christmas breakfast/meeting after their December Mass and a St. Patty's Dinner Dance. Their Church Commission Chair will lead them through the Sorrowful Mysteries this year.

St. Joseph Guild will collect nonperishable food for Catholic Charities, a baby shower for the Pregnancy Help Center, a program on low impact aerobics, a Christmas party with a money tree and a Mad Hatters tea with crazy hats.

Resurrection Council have been working on a new and improved Newsletter. They will revise their Bylaws and continue to sponsor monthly donut Sunday. Helping Hands of Martha Circle serve many funeral luncheons. Their Bunco Party was such a hit in August that another is planned for October and the fun will continue several more times throughout the year.

Holy Spirit will have a Breakfast Fund Raiser in Dec. For a donation of \$2 you will receive an Angel from the Angel Prayer Tree and prayers will be said throughout the year. They will have a Craft Show, a Fund Raiser Fashion Show with fashions from Bond Worth and a Silver Tea Christmas Party.

St. Joseph's up coming events are a garage sale, an All Souls project where the name of a deceased loved one will be written on a purple heart and placed on a wooden cross, their annual Community Thanksgiving breakfast for the homeless and the Church community, a CCW breakfast after all Masses in January and the Valentine Card Party in February.

(Continued) Surfing with the Spirit (OLL)

63 children were able to complete. To explain, the suggested project called for each child to collect money in baby bottles for doing chores and then to donate the money to the Daytona Beach Pregnancy Crisis Center. Instead of this suggested project, it was decided that the children would create a special book for the waiting room of the center. The result was a three ringed binder book called Heart to Heart. It is a collection of pictures of baby booties and shoes colored by the children and amazing pages on which the children completed the following statements:

The thing that makes me the most happy is: _____

My prayer for your baby is: _____

and I am glad God made me because _____.

Sometimes volunteers helped to record the thoughts of the children because printing is hard work!

The book was to be presented to the Daytona Beach Pregnancy Center by OLL CCW President Myrtis Rimassa and Jo Ann Elder.

Our affiliation planned to supplement the cost of this event with the funds from our April Bake Sale. That Bake Sale raised \$415.00 and promoted registration as well. We extend special thanks for all the volunteers who gave so freely of their time and talent.

The Harmony of Leadership - 2008 Leadership Symposium at Lake Yale



The Orlando Diocesan Council of Catholic Women again sponsored the annual Leadership Symposium at Lake Yale Baptist Assembly, July 25-27, 2008. The two-day symposium provided information on the Commission System and the various officer positions in Council, as well as break-out sessions on a variety of skill-building topics.

Although this event is an excellent opportunity for new officers and commission chairs to acquire the skills needed to do their jobs more effectively, it is designed to benefit all Council women – regardless of their position or status.

Almost 250 women from around the Orlando Diocese, as well as more than 30 from several other dioceses, attended the symposium.

The theme of this year's weekend was, **"The Harmony of Leadership...Are You the Melody or the Maestro?"** Jan DeMuth, outgoing Executive Officer, gave a presentation on the Commission System on Saturday. Each of the outgoing ODCCW Commission Chairs then presented an overview of their commission to the group at large. To go along with the theme, each commission had a "theme song" that was heard during their Powerpoint presentations. Many attendees commented on their evaluation forms that hearing reports from all the commission chairs was very helpful and informative, even though they were not commission chairs themselves.

Our guest speaker on Saturday was Adele Azar-Rucquoi, author of the book, "Money as Sacrament." Her enthusiastic presentation focused on the importance of being ourselves, that we are unique and important to God just as we are. She encouraged us to listen to our hearts, not be afraid of others, and to be the best we can be.



Fr. Anthony Palmese, Northern Deanery Moderator, again celebrated Mass for us on Saturday Evening. We appreciate his dedication to the Council of Catholic Women and his willingness to travel to Lake Yale each year to be with us and celebrate Mass. The collection taken at the Mass will benefit New Dawn Women's Clinic. The total was \$713.00.

Workshops were offered on both Saturday and Sunday. The subject matter included several computer topics – ➔

Beginning Computers, Intermediate Computers, Powerpoint Presentations, Databases, and Digital Pictures. Workshops on Creating Prayer Services and Meditation were also offered. Another presentation addressed how to use scrapbooking techniques to promote Council activities. Workshops on Budgets and on Marketing Council rounded out the program.

A new feature this year was that each affiliation was presented with a CD that contained all the handouts and Powerpoint presentations that were used at the Symposium. We hope this will be a valuable resource for the affiliations.

The most frequent comment on the evaluations about these workshops was that they weren't long enough. We recognize that this is true on a weekend such as this; however, it is hoped that these "classes" will provide basic information for the attendees and will whet their appetites to get further training.

The incoming Commission Chairs gave short presentations on their goals for the next two years on Sunday afternoon. Workshops were also given for Presidents/Vice-Presidents, Secretaries, and Treasurers, outlining their job descriptions and responsibilities.

by Peg Middleton, Immediate Past ODCCW President



Rosary Sunrise Service

Feminine Hygiene Collection A Great Success

Thank you all so very much for making the collection of feminine hygiene products such a huge success. As you can see from the picture taken at Lake Yale, we had lots of product to deliver to women's shelters throughout our diocese. We were warmly greeted everywhere we went and of course they were thrilled to have the products. God Bless you for your generosity.



Sandy Battaglia, 2006-2008 ODCCW Family Commission Chair

Church/Vocations Commission by Teresa Leon



“Many people want to serve God, but only as advisors.” What kind of person would you call yourself? Are you Martha or are you Mary? I tend to be a little of both. Sometimes I find myself advising too much and not focusing on what God truly wants from me. I think we all do that at one time or another.

So let’s look at what God wants for our beloved CCW. We know that through prayer anything is possible. When researching ideas for the Church Commission and talking with all the Church Commission chairs in the ODCCW, I became astutely aware of how much we are doing and how much more we could do through the Church Commission. Here are a few things I have found on the internet that might help spark an idea for a prayer service or retreat.

- www.faithfulcitizenship.org/youth/deeper
- www.archive.elca.org/prayer/resources/prayerideas.html
- www.toolsformentoring.com/small-group/prayer-ideas.html

In these websites there are many ways and ideas to get you started or energize your prayer services or retreats. You may even come up with a way to individually take a special prayer moment with one of your sisters in CCW. I personally like the ACTS of prayer: Adoration, Contrition, Thanksgiving, and Supplication. I use this in my classroom to bring the students to a closer awareness of their relationship with our Lord, Jesus Christ. Center one of your prayer services on ACTS. Play soft music in the background and have a beautiful prayer table set up as your focus point.

Books can also be a great resource for ideas. One of the circles at Blessed Trinity is reading “Hidden Women of the Gospels” by Cathy Coffey. Another great book is “The Shack” by William P. Young. This book will take you on an internal journey about suffering. Get ready for a great ride! This is also the year of St. Paul. **Go to the website** www.saintpaulyear.com to get information to incorporate St. Paul into some of your gatherings.

Finally, with our holiday season upon us, take a few moments to plan a very special prayer service or attend Mass together. Keep your focus on what you are truly supposed to be doing. Try and be a little bit a Mary and Martha. Advise those that need help and take advise from those that are wiser. Have a wonderful prayerful holiday season. **Keep Christ in Christmas.** I look forward to seeing all of you soon.

My prayers are with you daily.

Teresa Leon - ODCCW Church Commission Chair
taleon1960@yahoo.com

Community Commission by Pat Murry

MANY CCW AFILIATIONS ARE GOING “GREEN,” HAVE YOU CONSIDERED IT?

Check out this website - www.green-catholic.com

Central Deanery - St.Rita's Circle (1 of 7 circles at Annunciation) has purchased the Florida Green ➔

Continued Community

Catholic Bags. They sold them at their Fall Festival and donated the proceeds to the church (purchased for \$1.00 and sold for \$2.00 ea). Over 360 of them have been sold by this writing. They also gave all of their circle chairs extra ones for their members to purchase and/or use for themselves. They will continue to sell them with the proceeds going to support the various charities that St. Rita's Circle is involved with (Healthcare Center for the Homeless in Orlando, Justice and Peace Office in Apopka, St. Cosmas & Damien shelter in Orlando for homeless men with Aids, and the Living Hope Ministry in Orlando (they work with women who are/have been incarcerated)



Pathways to Care in Casselberry is in need of funding to purchase tables and chairs for their facility. This is a wonderful facility that helps the homeless recover from surgery after leaving the hospital. The total cost is \$2500.00 but they would appreciate any donations at this time.

Eastern Deanery reports they are looking into “Go-Green” and although the green bag program started with the main use intended to be grocery bags, here are a few suggestions from one CCW member: donate a bag to St. Vincent DePaul loaded with groceries for a needy family; fill a bag with holiday goodies, Thanksgiving, Christmas, Easter, 4th of July, etc.; filled with bath items for a bridal or baby shower; use as a gift bag that keeps on giving.

Unfortunately the demand for the Catholic Green Bag is so great there is a six week order delay!! Be inventive and check out the other products in the green program.



Family Commission by Cindy Litrell

We decided on short term goals that concerned summer activities that would be age appropriate. With the holidays approaching it is time to think of films and video games that are appropriate. Please check Catholic websites such as United States Conference of Catholic Bishops, Office of film and broadcasting (www.usccb.org/movies/current.shlml) Last month “Catholic Women” had an article on **cyber bullying**. Many youth are using the internet “my space” to communicate with one another and do not realize that a predator could be next door or anyone who pays \$3.00 an hour to use an internet café computer. (This is frightening knowing they are just looking for unsuspecting kids.) We all need to encourage parents and grandparents to monitor their child usage of the internet.

October is Breast Cancer Awareness month – there are many ways that you can become involved. Financially, if you can’t donate like you have the past, think of other activities such as clinics and hospitals that need volunteers. \$1.5 million can be raised for cancer research by eating “Yoplait” yogurt and sending the rinsed & bagged pink lids to Save Lids to Save Lives, P.O. Box 420704, El Past, TX 88542-0704 by **December 31, 2008.**

To encourage better health among our members, (cont p7)

Continued Family Commission by Cindy Litrell

have them start a medical history and go back as far as they can. **List:**

- ☛ Name & contact information of all your practitioner's.
- ☛ Regular medications; dose, times, how long taking the medication (include over the counter).
- ☛ Last immunizations: Tetanus, vaccines, flu shot, pneumonia shot.
- ☛ Allergies (all foods, meds, anesthesia or environmental).
- ☛ All health problems. Include eye and dental.

- ☛ Surgeries, dates of any complications.
- ☛ Never stop medications without notifying your doctor.
- ☛ If you see more than one practitioner let them know all your medications or changes in medications.
- ☛ For a brief list to keep on your person use a 3x5 card with name of medication, dosage, frequency, and include the over the counter medications as well.
- ☛ **Stay healthy and get your flu shot.**

International Commission by Helen Sambuca

The International Concerns Commission has been very busy. We are so fortunate to be living here in the United States of America. November 20th – Fast to Relieve World Hunger. All members are invited and encouraged to join in the 2008 fast, the Thursday before Thanksgiving. Please go to the NCCW website for a few suggestions that you could sponsor in your parish or council. From Pope Benedict XVI, *“The Church cannot neglect the service of charity any more than she can neglect the Sacraments and the World.”*

At our NCCW General Assembly 2008 in Salt Lake City, Utah this past September 26th Stephen Hilbert, Foreign Policy Advisor for Africa and Global Development from the U.S. Conference of Catholic Bishops presented on “The 2009 Synod on Africa: What it’s about, how to prepare.”

Our Mission Office has helped build a sister relationship based on love, faith, trust, hope and respect between the Diocese of Orlando and the Diocese of San Juan de la Maguana in the Dominican Republic. On a Construction Mission in February of this year, one of the volunteers by the name of Eric Held wrote about his mission **“Enough”** and is goes like this:

- Enough, My God I pray that I am enough.**
- Enough heart, that I may have compassion for all your creations.**
- Enough health and strength, that I may work towards just society for all.**
- Enough tenderness, that others may feel at peace ➤**

- in my presence.**
- Enough ambition, that I may not waste my talents.**
- Enough confidence, that I may speak and be heard.**
- Enough courage, that I may not fall victim to my fears.**
- Enough love, that I may know you in myself and in others.**
- Enough, My God I pray that I am enough.**



The next Construction Mission is scheduled for December. Their Surgical Mission is due to go in November. Please keep Fr. Marc and Theo’s Work Project Hope (Pwoje Espwa) in Haiti in your prayers.

Support our Catholic Relief Services “Works of Peace” which funds many programs like the Madonna Plan, Child-in-Need, Water-for-Life, Help-a-Child, and Refugee Women Emergency Fund. We also promote the Fair Trade program. See online: www.crsfairtrade.org.

Our committee’s recommendation of a newsletter has gone into effect. There are so many projects, programs, events that we haven’t touched upon. We would like to hear about them. Please let us hear from you!

Helen Sambuca, Chair rsambuca@cfl.rr.com
407 957-5818 (home) / 407 460-8740 (cell)

Gail Smith, Secretary

Committee members: Val Callan, Dale Glotzbach, Winkie LeFils

Personal Development by Helen Sambuca

Start the coming year off on a positive note by **adding a Personal Development Seminar to your calendar!** We are hard at work creating new and exciting workshops for you. Remember we can develop a seminar to your specific needs! Don’t be left out – schedule your seminar today by calling me! **Rejuvenate your mind and body with the Holy Spirit.** Schedule a seminar for:

- † **“God’s Vineyard – Seasons of our Lives.”** This is a very moving and spiritual workshop. or
- † **“CCW Café” to fulfill the more educational-spiritual needs for your affiliation.**

Design your own seminar, choose four from these topics below:

- † Change: Make it work for you
- † Fear or Joy
- † Dealing with Difficult People
- † Stress Management
- † Time Management
- † Organizational Skills
- † “How to” of successful presentations/reports

If you would like to join your council sisters on this team please do not hesitate to call. We are looking for dedicated sisters to this ministry. We can use your creative calling. Your Sister-in-Christ,
Helen Sambuca, Coordinator rsambuca@cfl.rr.com 407 957-5818 (home) / 407 460-8740 (cell)

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 US Postage PAID
 Mid-FL, FL
 Permit # 10042

CORNUCOPIA

Published three times a year by the
 Orlando Diocesan Council of Catholic Women
 Cornucopia Facilitator

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Published & Printed by
 Creations by Dianne

Dated Material - Please Expedite

President's Message	1
Moderator's Corner	1
ODCCW Executive Board	2
Esteemed Life Member	2
2009 ODCCW Convention	2
Tracking Volunteer Hours	2
Deanery Reports	3 & 4
Lake Yale Wrap-Up	5
Commission Reports	6 & 7
Personal Development	7
Calendar of Events	8



NCCW MISSION STATEMENT

The **National Council of Catholic Women** acts through its affiliated organizations to support, empower and educate all Catholic women in spirituality, leadership and service. NCCW programs respond with Gospel values to the needs of the Church and Society in the modern world.

CALENDAR OF EVENTS

- † Saturday **November 1, 2008** Northern Deanery Fall General Meeting at Blessed Trinity in Ocala.
- † Saturday **November 8, 2008** Western Deanery Fall General Meeting at St Joseph's in Lakeland.
- † Saturday **November 15, 2008** Central Deanery Fall General Meeting at St Mary Magdalen, Altamonte Springs.
- † **January 2, 2009** Cornucopia submissions due to Ginny Loso.
- † **February 28, 2009** NCCW Day of Spiritual Reflection (at All Souls in Sanford) **SAVE the DATE!**
- † **April 25-27, 2009** ODCCW Convention *"Council of Catholic Women....Patchwork to God's Blessings."* at the Lake Mary Marriott.
- † **July 25-26, 2009** Leadership Symposium at Lake Yale *"Key's to a Successful CCW."*
- † September 24-27, 2009 NCCW Convention in Jacksonville, Florida

PRAY FOR PRIESTS

O DCCW encourages all Council women to pray daily for our priests. The following schedule is set up as a guideline.

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|-------------------|--|
| Mondays | Pope Benedict XVI |
| Tuesdays | Central Deanery |
| Wednesdays | Eastern Deanery |
| Thursdays | Northern Deanery |
| Fridays | Southern Deanery |
| Saturdays | Western Deanery |
| Sundays | Bishop Wenski & Bishop Dorsey |