

2010 Daily Lenten Schedule

St. Thomas Aquinas Newman Center, Moorhead, MN



MONDAYS DURING LENT

- ◆ St. Joseph's Mass 8:00 a.m.

TUESDAYS DURING LENT

- ◆ St. Joseph's Mass 8:00 a.m.
- ◆ Newman Center
Stations of the Cross 8:30 p.m.
Reconciliation 8:45 p.m.
Mass 9:00 p.m.



WEDNESDAYS DURING LENT

- ◆ St. Joseph's Mass 8:00 a.m.
- ◆ Newman Center
Mass at 12:00 noon followed by Eucharistic Adoration until 2:30 p.m.
Men for Christ 7:00 p.m.
Philosophy discussion group 8:00 p.m. (*meets bi-monthly*)
Praise and worship 9:30 p.m.

◆ St. Joseph's Evenings of Prayer

Five Wednesday evenings in Lent:
February 24, March 3, March 10, March 17, March 24

† Begins with Mass at 5:30 p.m.

RE students will read, take up gifts, etc., on the first Wednesday. The rest of these Wednesdays we are not assigning classes but encouraging families to come on whatever Wednesdays work best for them.

† Soup Supper /Adoration 6:00 p.m.

- † Stations of the Cross 6:45 p.m. Feb. 24 Way of the Cross for Priests
Mar. 3 Way of the Cross with St. Paul
Mar. 10 Respect Life Stations of the Cross
Mar. 17 Everyone's Way of the Cross
Mar. 24 Way of the Cross for Peace

THURSDAYS DURING LENT

- ◆ St. Joseph's Mass 8:00 a.m.
- ◆ Newman Center
Courageous Love Women's Bible Study at 7:30 p.m.

FRIDAYS DURING LENT *** Abstinence*

- ◆ St. Joseph's Mass 8:00 a.m.
◆ Eucharistic Adoration: 8:30 a.m. Friday – 12:30 p.m. Saturday (28 hours)
- ◆ Eventide Mass 11:00 a.m.
- ◆ St. Joseph's Stations of the Cross 2:25 p.m. (school children)

SATURDAYS DURING LENT

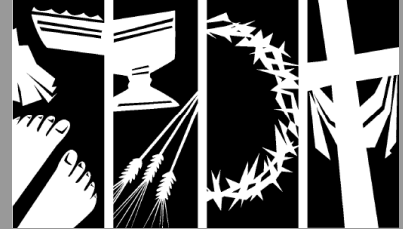
- ◆ St. Joseph's Reconciliation 4:00 p.m.

HOLY WEEK

MONDAY OF HOLY WEEK (March 29th)
ChrisM Mass 7:00 p.m. in Crookston

WEDNESDAY OF HOLY WEEK (March 31st)
Tenebrae 7:30 p.m.

TRIDUUM



HOLY THURSDAY (April 1st)
Mass of the Lord's Supper 7:30 p.m.

GOOD FRIDAY (April 2nd)
*Fast and Abstinence ***
Celebration of the Lord's Passion 3:00 p.m.

SATURDAY (April 3rd)
Easter Vigil 8:30 p.m. (no 5:00 Mass)

EASTER SUNDAY (April 4th)
Mass Times
8:30 a.m.
10:30 a.m.
No 4:30 Mass at Newman Center
7:00 p.m.

RECONCILIATION SERVICES

St Francis de Sales

Reconciliation service: Monday, March 22, 7:00 p.m.

St. Joseph's

Reconciliation Service: Thursday, March 25, 7:00

**** Church Regulations Regarding Fast and Abstinence**

Abstinence from meat is to be observed by all Catholics 14 years old and older on Ash Wednesday and on all the Fridays of Lent.

Fasting means limiting oneself to one full meal on a given fast day. Catholics who are 18 years of age but not yet 60 are obligated to fast on Ash Wednesday and Good Friday.

On fast days, two additional smaller meals are permitted if necessary to maintain strength. However, the two smaller meals together may not equal one full meal. Moreover, eating solid foods between meals on fast days is not permitted.