

Testimonials

Personal:

Sue Nido– Communicating in a Foreign Country

Ministries:

JoAnn VanCamp– Deaf Ministry

Ralph Sullivan– Pastoral Care

Closing Prayer

Most Holy and Loving Trinity,

We surrender ourselves to You and as we go out into the world we pray that we will:

Think with Your attitude
Speak with Your words
Listen with Your openness
Act with Your guidance
React with Your peace
and most importantly
Love with Your heart

Amen

Next GPS:

Monday, August 10, 2009

7:00-8:30 pm

New Life Center Banquet Room
“Expectations”

St. Matthew Catholic Church Guiding Parishioner Strengths

July 7, 2009

Are You Talking To Me? Communicating with Your Strengths



Preach the Gospel always.
If necessary, use words.
St. Francis

Opening Prayer.....Pat Tomlinson

To our Creator who hears and understands us every time we cry out and always answers us, sometimes in spite of ourselves,

help us to stay focused and aware in the present moment
help us to listen carefully in order to understand and accept
help us to speak only what is true, useful, or funny
help us to show respect in our posture, our tone of voice,
and our facial expressions

We ask these in the name of Your precious Son, Jesus, the ultimate communicator, and through the power of Your Holy Spirit,

Amen

Ice Breaker:

“Telephone”.....Chris Longo

Communication:
55% Body Language
38% Tone
7% Words

Questions for discussion:Pat White

How do your strengths influence your style of communication

- with children?
- with elderly parents?

How do you use/manage your Strengths to be a better listener?

<p>NOTES</p> <p>(Ideas for developing my strengths, people I met)</p>
