

Retreat Packing List

What to Bring:

- Sleeping Bag
- Pillow
- Pajamas
- Clothes for the weekend
- Toiletries
 - Toothpaste
 - Toothbrush
 - Face wash
 - Shampoo
 - Etc.
- Towel
- Warm clothes for bonfire.
- Slippers or comfy socks (if it is muddy out we can't wear our shoes in the lodge).
- Medicine that may be needed throughout the weekend.
(Please place it in a zip-lock bag with directions with it). Must be given directly to Beth.
- An open heart.
- A positive attitude.

What NOT to Bring:

- iPod
- Cell phone (adult leaders will have theirs and we can use the camp phone in case of emergency)
- Any other electronics
- Any sort of illegal substance